REGION I EMERGENCY MEDICAL SERVICES
STANDING MEDICAL ORDERS
EMT – Basic, EMT – Intermediate, EMT -- Paramedic

SMO: Region 1 Acceptable Abbreviations

Abbreviation	Definition
A & O x 4	Alert, oriented person to date, time, place
Abd	Abdomen
ALS	Advanced life support
AM or a.m.	Between 12 midnight and 12 noon
AMA	Against Medical Advice
AMI or MI	Acute Myocardial Infarction
AMP	Ampule
Approx	Approximate or Approximately
ASHD	Arteriosclerotic Heart Disease
Assist or asst	Assistance
BBB	Bundle Branch Block
Bilat	Bilateral
BLS	Basic life support
BM	Bowel Movement
BOW	Bag of Waters
BP	Blood Pressure
CA	Cancer
CAD	Coronary Artery Disease
C-collar	Cervical Collar
CHF	Congestive heart failure
cm	Centimeter
CMS	Circulation, Motion, Sensation
CNS	Central nervous system
C/O	Complains of
COPD	Chronic Obstructive Pulmonary Disease
C-section or C-sect	Cesarean Section
CSF	Cerebral spinal fluid
C-spine	Cervical spine
CVA	Cerebrovascular accident
DC or dc	Discontinue
Dept	Department
Dx	Diagnosis
DTs	Delirium Tremens
D5W	5% Dextrose in water
ECG or EKG	Electrocardiogram
EDC	Expected date of confinement
ENT	Ears, Nose and Throat
ED	Emergency Department
ET	Endotracheal
ETOH	Alcohol
Exam	Examination
Extr or EXT	Extremities
FB	Foreign Body
FHT	Fetal Heart Tones

Fib	Fibrillation
Fx	Fracture
GCS	Glasgow Coma Score
GI	Gastrointestinal
Gram	Gram
gr	Grain
gtt(s)	Drop(s)
GU	Genitourinary
H20	Water
HEENT	Head, Eyes, Ears, Nose and Throat
HIV	Human Immunodeficiency Virus
H/O	History of
HPI	History of present illness
hr	Hour
HR	Heart rate
HTN	Hypertension
Hx	History
ILS	Intermediate Life Support
IM	Intramuscular
irreg	Irregular
IV	Intravenous
JVD	Jugular vein distention
K	Potassium
kg	Kilogram
Lt	Left
L or l	Liter
lb	Pound
LLQ	Left lower quadrant
LMP	Last menstrual period
LOC	Loss of consciousness
LR	Lactated ringers
LUQ	Left upper quadrant
mcg	micrograms
Med(s)	Medication(s)
mEq	Milliequivilant
mg	Milligrams
mL	Milliliter
mod	Moderate
N & V or N/V	Nausea and vomiting
N/A or NA	Not applicable
NAD	No acute distress
NaHCO3	Sodium Bicarbonate
Neg	Negative
Neuro	Neurology / Nervous system
NKA	No known allergies
NPO	Nothing by mouth
NRB mask	Non-rebreather mask
NS	Normal saline
NSR	Normal sinus rhythm
NTG	Nitroglycerin

O2	Oxygen
OB	Obstetric
OD	Overdose
P	Pulse
PAC	Premature atrial contraction
PASG	Pneumatic anti-shock garment
PAT	Paroxysmal atrial tachycardia
PE	Physical examination
PE	Pulmonary Embolism
PEDS	Pediatric
PERRL	Pupils equal, round and reactive to light
PMH	Past medical history
PJC	Premature junctional contraction
PM or p.m.	Between 12 noon and 12 midnight
PMS	Pulses Motor Sensation
PND	Paroxysmal nocturnal dyspnea
PRN	As occasion requires / as needed
Pt	Patient
PVC	Premature ventricular contraction
q	Every
R or resp	Respiration
Rt	Right
Reg	Regular
RLQ	Right lower quadrant
RUQ	Right upper quadrant
Rx	Treatment, Take prescription
SL	Sublingual
SMO	Standard Medical Orders
SOB	Shortness of breath
SQ	Subcutaneous
Stat	Immediate
STD	Sexually transmitted disease
SVT	Supraventricular tachycardia
Temp	Temperature
TB	Tuberculosis
TKO	To keep open
URI	Upper respiratory infection
V-fib	Ventricular fibrillation
V-tach	Ventricular tachycardia
w/	With
w/o	Without
W/O	Wide open
WNL	Within normal limits
wt	Weight
@	At
>	Greater than
<	Less than

Acronym	Definition
ACLS	Advanced Cardiac Life Support
A/BDLS	Advanced/ Basic Disaster Life Support
AEIOUTIPS	Acidosis, alcohol; epilepsy; infection; overdose; uremia; tumor, trauma, toxin; insulin; psychosis, poison; stroke, seizure
AVPU	Alert, Verbal, Pin, Unresponsive
BTLS	Basic Trauma Life Support
DCAP-BTLS-IC	Deformities, Contusions, Abrasions, Penetrations or Punctures, Burns, Tenderness, Lacerations, Swelling, Instability, Crepitus
GEMS	Geriatrics Emergency Medical Services
Id-me	Immediate, Delayed, Minimal, Expectant
MASS	Move, Assess, Sort, Send
OPQRST	Onset, Provokes, Quality, Radiation, Severity, Time
PALS	Pediatric Advanced Life Support
PEPP	Pediatric Education Pre-hospital Provider
PHTLS	PreHospital Trauma Life Support
SAMPLE	Signs & Symptoms, Allergies, Medications, Past medical history, Last oral intake, Events leading to incident
START	Simple Triage and Rapid Transport

NOTE: Based on JCAHO National Patient Safety Goals, these acceptable abbreviations are to minimize confusion when using abbreviations. Commonly used abbreviations such as *MS, OU, OD, OS, cc* are not allowed to be utilized under Region1 EMS Acceptable Medical Abbreviations.